

OK Touch, Creepy Touch

Your body belongs to you and no one else. Your parents and your doctors may touch your body to check on you and take care of you.

If someone touches you in any way you don't like, you have a right to ask them to stop.

You can say, "Grandma, I feel embarrassed when you hug me. Can we just shake hands?"



The parts of your body covered by a bathing suit are especially private. Even doctors and parents need a good reason to touch your bathing suit parts.

Some touches you probably like. Some touches you may think are "ok."

Some touches you may not like and you should ask the person to stop. The nicest way to do this is to say "I feel __, when you __, could you __?" Instead of just telling them to stop, try to tell them something else to do instead.

If anyone wants to touch you or have you touch them in a way that you think is creepy, you should refuse to do it and tell your parent or another adult about it later. If the creepy person tells you to keep it a secret, that is definitely bad and you should definitely not keep it a secret. Keep telling adults until someone believes you.

Fill in the blanks with what you could tell someone who touches you in a way you don't like. Use a real or imaginary situation.

I feel _____ when you _____
could you _____?