

Behavior Management

For Leaders:

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Behavior Contract Practice Worksheet

1. Behavior we would like to decrease:

Julia, does not like some of the other girls in the troop. She consistently avoids sitting next to them and when paired up with one of them she sulks and makes comments under her breath.

2. Behavior Goal – what we would like to see increase:

Learning Petal	Specific Behavior

3. Is this an Individual or Group Contract? _____

4. Frequency of the Targeted Behavior (circle one):

- Check for this behavior every meeting?
- Check for this behavior every 30 minutes?
- Check for this behavior every 15 minutes?

Note: The more persistent the behavior, the shorter the check-in time and the quicker the girl is rewarded for it's absence.

5. Presentation:

What are some creative ways you could help mark her progress on this contract?
(Examples: Hole punch a card, give her tickets, stickers, stamps, etc)

6. Usage:

When might you set this contract up with Julia? _____

When/How would you check-in with her? _____

What do you do if Julia argues over whether or not she demonstrated the goal behavior in the time period? _____