



FBA Checklist (Functional Behavior Assessment)

This FBA helps you determine why the child's inappropriate behavior occurs. It helps you propose a purpose for the behavior's next cause. Then a plan is put into place to do so, so to modify and curb the behavior. Teaching of appropriate strategies will also help to modify the behavior.

- ☐ Determine what the behavior is.
- ☐ Determine who is present when the behavior happens.
- ☐ Determine when the behavior happens.
- ☐ Determine what happens just before the behavior happens.
- ☐ Determine where the behavior happens.
- ☐ What happens immediately after the behavior?
- ☐ Have a method to collect data about the behaviors.
- ☐ Know how will the data be employed?
- ☐ Determine a hypothesis.
- ☐ Develop a plan of intervention.
- ☐ Devise a method to implement, monitor and revise the plan.
- ☐ Make sure everything is observable and measurable.

The collection of data is key to the process. Always document the appearance of the behavior.