

### Self-Assessment and Self Reflection Worksheet

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Student Name: \_\_\_\_\_

Assessment Name: \_\_\_\_\_

1. Assessment Purpose: \_\_\_\_\_

\_\_\_\_\_

2. Range of possible scores: \_\_\_\_\_

\_\_\_\_\_

3. Student's Score: \_\_\_\_\_

4. Where does this score fall/align with same-age peers? \_\_\_\_\_

\_\_\_\_\_

5. How is this score interpreted by the developer/researchers? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

6. If the score indicates areas of weakness/challenge, what are they?

\_\_\_\_\_

\_\_\_\_\_

7. If the score indicates areas of strength/success, what are they?

\_\_\_\_\_

\_\_\_\_\_

8. What behavioral changes might you consider to improve along this construct?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_