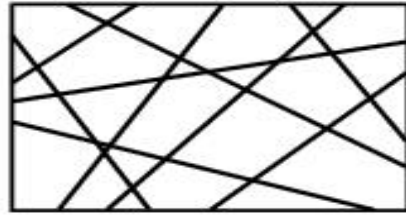


Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Class: \_\_\_\_\_ Teacher: \_\_\_\_\_

## Learning About Nutrition

Complete the activity.



- |           |           |
|-----------|-----------|
| 1. _____  | 11. _____ |
| 2. _____  | 12. _____ |
| 3. _____  | 13. _____ |
| 4. _____  | 14. _____ |
| 5. _____  | 15. _____ |
| 6. _____  | 16. _____ |
| 7. _____  | 17. _____ |
| 8. _____  | 18. _____ |
| 9. _____  | 19. _____ |
| 10. _____ | 20. _____ |

1. diet	6. intake	11. plants	16. protein
2. medicine	7. minerals	12. macronutrients	17. scurvy
3. nutrients	8. health	13. grains	18. carbohydrates
4. energy	9. phytochemicals	14. micronutrients	19. Hippocrates
5. antioxidants	10. fiber	15. vitamins	20. water