

# Food and nutrition

D	W	E	L	S	M	S	E	D	T	S	D	F	Y
I	A	W	A	T	E	C	X	I	B	E	R	E	T
S	T	E	T	N	U	A	C	G	F	R	U	I	T
L	E	L	S	E	S	R	R	E	E	A	E	S	S
A	R	B	N	I	E	B	E	S	T	W	G	A	T
R	N	A	I	R	M	O	T	T	A	A	F	L	D
E	I	T	M	T	U	H	I	I	F	R	O	S	A
N	E	E	A	U	G	Y	O	O	S	M	O	O	U
I	T	G	T	N	E	D	N	N	G	T	D	D	E
M	O	E	I	O	L	R	E	B	G	H	I	A	G
N	R	V	V	A	O	A	S	T	O	M	G	C	G
A	P	I	I	L	E	T	T	U	C	E	O	O	S
I	R	M	Y	M	B	E	V	B	G	A	D	V	A
D	I	E	T	A	R	Y	F	I	B	R	E	A	R

- CARBOHYDRATE
- BREAD
- MINERALS
- FOOD
- NUTRIENTS
- FAT
- AVOCADO
- DIETARY FIBRE
- VEGETABLE
- LETTUCE
- DIGESTION
- EXCRETION
- WATER
- VITAMINS
- LEGUMES
- EGGS
- WARMTH
- PROTEIN
- FRUIT

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