

Become a better you!

| SUBJECT | TO-DO | DESCRIPTION | DUE DATE | ACCOMPLISHED |
|-----------|---------|--|---------------|--------------------------------------|
| Diet | GOAL #1 | sugar/treats only on one day a week | jan 2-mar 2 | <input type="checkbox"/> HOORAY! |
| | GOAL #2 | track calories daily | jan 2-jan 16 | <input type="checkbox"/> YOU DID IT! |
| | GOAL #3 | gym 5x per week | jan 2-mar 2 | <input type="checkbox"/> AWESOME! |
| Spending | GOAL #1 | set up a budget | jan 2 | <input type="checkbox"/> WOOHOO! |
| | GOAL #2 | No eating out until CHA | jan 2-jan 28 | <input type="checkbox"/> WAY TO GO! |
| | GOAL #3 | Pay bills | jan 2 | <input type="checkbox"/> GOOD JOB! |
| Saving | GOAL #1 | set up savings account for Ollie | jan 5 | <input type="checkbox"/> AMAZING! |
| | GOAL #2 | set up auto-deduct into savings account | jan 5 | <input type="checkbox"/> HAPPY DAY! |
| | GOAL #3 | look at ways to save money on insurance | jan 15 | <input type="checkbox"/> WOOT! |
| Job | GOAL #1 | set up due-date calendar for next 6-months | jan 4 | <input type="checkbox"/> YAY! |
| | GOAL #2 | start on new line for MME | jan 3 | <input type="checkbox"/> KEEP IT UP! |
| | GOAL #3 | work on a fabric line | jan 6-8 | <input type="checkbox"/> YOU ROCK! |
| Kids | GOAL #1 | read more books | Every Day! | <input type="checkbox"/> GOOD WORK! |
| | GOAL #2 | visit the zoo | jan 20 | <input type="checkbox"/> SWEET! |
| | GOAL #3 | organize clothes and accessories | jan 12 | <input type="checkbox"/> WINNING! |
| Relax | GOAL #1 | watch "the help" with Staci | feb 29 | <input type="checkbox"/> HOORAY! |
| | GOAL #2 | get a massage | March 8 | <input type="checkbox"/> YOU DID IT! |
| | GOAL #3 | read a book | Jan 30 | <input type="checkbox"/> AWESOME! |
| Hobby | GOAL #1 | Finish binding quilt | jan 20 | <input type="checkbox"/> WOOHOO! |
| | GOAL #2 | Thank You notes | jan 5 | <input type="checkbox"/> WAY TO GO! |
| | GOAL #3 | Sign up for photography class | Jan 31 | <input type="checkbox"/> GOOD JOB! |
| House | GOAL #1 | Gallery wall! | jan 15 | <input type="checkbox"/> AMAZING! |
| | GOAL #2 | clean hot spots | jan 8 | <input type="checkbox"/> HAPPY DAY! |
| | GOAL #3 | decorate Ollie's room | jan 31 | <input type="checkbox"/> WOOT! |
| Spiritual | GOAL #1 | Family Home Evening | Every Monday! | <input type="checkbox"/> YAY! |
| | GOAL #2 | Family Scripture Reading / prayer/evening schedule | Every Night! | <input type="checkbox"/> KEEP IT UP! |
| | GOAL #3 | January Visiting Teaching | Jan 22 | <input type="checkbox"/> YOU ROCK! |
| Spouse | GOAL #1 | Go on a date | jan 21 | <input type="checkbox"/> GOOD WORK! |
| | GOAL #2 | Cook dinner 3-4x a week | jan 31 | <input type="checkbox"/> SWEET! |
| | GOAL #3 | Find gift for valentine's day | feb 13 | <input type="checkbox"/> WINNING! |