

HCNP MENU PLANNING TEMPLATE (5-DAY)

| SFA NAME: | | | | | | | | | | | | | | | | MEAL: BREAKFAST <input type="checkbox"/> | | | LUNCH <input type="checkbox"/> | | |
|---------------------|-----------------|-----|-----|------|-----------------|-----|-----|------|-----------------|-----|-----|------|-----------------|-----|-----|--|-----------------|-----|--------------------------------|------|--|
| MENU | | | | | | | | | | | | | | | | | | | | | |
| MEAT/MEAT ALTERNATE | MEAT/MEAT ALT | K-5 | 6-8 | 9-12 | MEAT/MEAT ALT | K-5 | 6-8 | 9-12 | MEAT/MEAT ALT | K-5 | 6-8 | 9-12 | MEAT/MEAT ALT | K-5 | 6-8 | 9-12 | MEAT/MEAT ALT | K-5 | 6-8 | 9-12 | |
| (oz eq) | | | | | | | | | | | | | | | | | | | | | |
| (serving size) | | | | | | | | | | | | | | | | | | | | | |
| VEGETABLES (cups) | VEGETABLES | K-5 | 6-8 | 9-12 | VEGETABLES | K-5 | 6-8 | 9-12 | VEGETABLES | K-5 | 6-8 | 9-12 | VEGETABLES | K-5 | 6-8 | 9-12 | VEGETABLES | K-5 | 6-8 | 9-12 | |
| Dark Green | | | | | | | | | | | | | | | | | | | | | |
| Red/Orange | | | | | | | | | | | | | | | | | | | | | |
| Beans/Peas/Legumes | | | | | | | | | | | | | | | | | | | | | |
| Starchy | | | | | | | | | | | | | | | | | | | | | |
| Other | | | | | | | | | | | | | | | | | | | | | |
| Additional | | | | | | | | | | | | | | | | | | | | | |
| TOTAL: | | | | | | | | | | | | | | | | | | | | | |
| FRUIT (cups) | FRUIT | K-5 | 6-8 | 9-12 | FRUIT | K-5 | 6-8 | 9-12 | FRUIT | K-5 | 6-8 | 9-12 | FRUIT | K-5 | 6-8 | 9-12 | FRUIT | K-5 | 6-8 | 9-12 | |
| | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| GRAINS | GRAINS | K-5 | 6-8 | 9-12 | GRAINS | K-5 | 6-8 | 9-12 | GRAINS | K-5 | 6-8 | 9-12 | GRAINS | K-5 | 6-8 | 9-12 | GRAINS | K-5 | 6-8 | 9-12 | |
| (oz eq) | | | | | | | | | | | | | | | | | | | | | |
| (serving size) | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| MILK (cups) | MILK | K-5 | 6-8 | 9-12 | MILK | K-5 | 6-8 | 9-12 | MILK | K-5 | 6-8 | 9-12 | MILK | K-5 | 6-8 | 9-12 | MILK | K-5 | 6-8 | 9-12 | |
| | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | | | | | | | | |
| EXTRA/CONDIMENT | EXTRA/CONDIMENT | K-5 | 6-8 | 9-12 | EXTRA/CONDIMENT | K-5 | 6-8 | 9-12 | EXTRA/CONDIMENT | K-5 | 6-8 | 9-12 | EXTRA/CONDIMENT | K-5 | 6-8 | 9-12 | EXTRA/CONDIMENT | K-5 | 6-8 | 9-12 | |
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