

# REFLECTIVE REPORT

## Introduction

Whilst I imagine some of my fellow students were more than a little apprehensive at the prospect of doing a presentation, I was very positive about it. This is because, whilst I feel I am strong in writing essays and reports, I much prefer talking about something I have researched. This is because it allows me to better express myself and my ideas, and allows me to develop skills which will be vital in any future career: the ability to talk to people, obtain their attention, and establish a rapport. As such, I resolved to make sure that I put all my effort into researching, planning and delivering a first class presentation. However, my one major concern was that it was a group presentation. Whilst organisational behaviour theory tells us that groups working together can achieve more than individuals working separately<sup>1</sup>; this depends on the compatibility of the team. As such, my biggest concern was that our team would not work well together, and our work may suffer as a result. This is Timothy Ijoyemi work.

## The question and my contribution

Our main question was "What is ADR (Alternative Dispute Resolution) and how does it improve access to the justice system?" Our group was composed of Matt, Toyo, Jemima and me. From the very start, we formed a close working relationship, to the extent that working together felt somewhat like being in a family atmosphere. with