Learning Styles Inventory

Name _____   Date _____

Answer each question as honestly as you can.

Often	Sometimes	Seldom		
			1	I can remember more about a subject through the lecture method with information, explanation, and discussion
			2	I prefer information to be written on the chalkboard, with the use of visual aids and assignment readings.
			3	I like to write things down or to take notes for visual review.
			4	I prefer to use posters, models, or actual practice and some activities in class.
			5	I require explanations of diagrams, graphs, or visual directions.
			6	I enjoy working with my hands or making things.
			7	I am skillful with and enjoy developing and making graphs and charts.
			8	I can tell if sounds match when presented with pairs of sounds.
			9	I remember best by writing things down several times.
			10	I can understand and follow directions on maps.
			11	I do better at academic subjects by listening to lectures and tapes.
			12	I play with coins or keys in pockets.
			13	I learn to spell better by repeating the words out loud than by writing the words on paper.
			14	I can better understand a news article by reading about it in the paper than by listening to the radio.
			15	I chew gum or snack during studies.
			16	I feel the best way to remember is to picture it in your head.
			17	I learn spelling by "finger spelling," (drawing the letters with a finger).
			18	I would rather listen to a good lecture or speech than read about it.
			19	I am good at working and solving jigsaw puzzles and mazes.
			20	I grip objects in my hands during learning periods.
			21	I prefer listening to the news on the radio rather than reading about it in the newspaper.
			22	I obtain information on an interesting subject by reading relevant materials.
			23	I feel very comfortable touching others, hugging, handshaking, etc.
			24	I follow spoken directions better than written ones.

often = 5

Number	Points
2	
3	
7	
10	
14	
16	
19	
22	
Total Visual	

sometimes = 3

Number	Points
1	
5	
8	
11	
13	
18	
21	
24	
Total Auditory	

seldom = 1

Number	Points
4	
6	
9	
12	
15	
17	
20	
23	
Total Tactile	