## Name – Rhea A. Rasquinha Student Number – 20235009

## INDIVIDUAL SKILLS WORKSHEET

Please indicate the extent to which you agree or disagree with each of the following statements about your team related skills. Rate the items using the following scale:

1 = Strongly Disagree 4 = Strongly Agree

I need to improve my	1	2	3	4
Listening skills	Yes			
Skills to evaluate the performance of other team members		Yes		
Skills to provide constructive feedback to team members	Yes			
Skills to receive feedback from team members		Yes		
Coaching skills	Yes			
Negotiating skills		Yes		
Skills to communicate with other team members	Yes			
Skills to manage a team project		Yes		
Skills to be a team leader		Yes		
Skills to adapt to differences in team members' work styles		Yes		
Skills to adapt to different cultural norms of team members	Yes			