

WEEK OF: _____

Menu Planning Worksheet

USDA Child Care Food Program Snack and Meal Pattern								
BREAKFAST								
Milk								
Fruit and/or Vegetable								
Bread or Cereal								
MORNING SNACK (Serve any two of the following foods.)								
Milk								
Fruit and/or Vegetable								
Bread or Bread Alternate								
Meat or Meat Alternate								
LUNCH								
Meat or Meat Alternate								
Vegetable and/or Fruits (2 or more)								
Bread or Bread Alternate								
Milk								
Other Foods								
AFTERNOON SNACK (Serve any two of the following foods.)								
Milk								
Fruit and/or Vegetable								
Bread or Bread Alternate								
Meat or Meat Alternate								
SUPPER								
Meat or Meat Alternate								
Vegetable and/or Fruits (2 or more)								
Bread or Bread Alternate								
Milk								
Other Foods								

PROVIDER'S NAME _____

KIDS UNLIMITED SERVICES, INC.