












'S Think Sheet

I can think about how my actions affected ME and OTHERS






What I chose to do

 hug	 run	 sit	 push	 take	 write something
 not work	 take screens	 grab	 mean words	 speak of someone	 other

How it made me feel

 happy	 sad	 neutral	 embarrassed	 frustrated
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Next time I can choose to

 take notes first	 take notes first	 use kind words	 listen and not talk
 ask for space	 ask someone to stop	 follow directions	 ask for clarification

My positive choices will lead to

 "I can't wait to be with you"	 "I can't wait to play with you"	 "I can't wait and good at making friends"	 "people will see that I am kind"	 "I will feel proud of myself"
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