

**Sunday School Class
Lesson Planning Worksheet
(EXAMPLE)**

Lesson Title: Putting on the Full Armor

Passage(s): Ephesians 6:10-23; Psalm 11.2; Isaiah 11.5; Isaiah 49.2; Isaiah 52.7; Isaiah 59.17

Three Goals

Know: Students will learn the Christ-centered foundation of the Armor of God

Feel: Students will feel encouraged to fight spiritual battles with Christ as their champion

Do: Students will practice fighting spiritual battles with the knowledge and application of the Armor of God

HBLT¹

Hook:

- A. Students will watch a short clip from the movie, "Gladiator."
- B. Students will be asked, "What comes to mind when you think of a Roman soldier?"
- C. Teacher will state, "Paul was a former Jew, held captive in a Roman Prison. He most likely saw Roman soldiers everyday."

State Objective:

- A. Today, we are going to learn that Paul used both Christ-centered Old Testament Prophecy and Roman imagery to describe the "Full Armor of God." Hopefully, this will encourage us as we fight spiritual battles with the knowledge that Christ is our champion.

Book:

- A. Students will read Ephesians 6:10-23.
- B. Students will be asked to state the different parts of the Full Armor of God while the teacher writes each part on the whiteboard.
- C. By using a short mini-lecture, the teacher will tie each piece of armor to an Old Testament prophecy. Teacher will emphasis the predominance of Christ in each prophecy.

Look:

- A. Teacher will ask the following questions, "What modern day evidence exists to support the idea of spiritual warfare?"

Took:

- A. Teacher will ask, "What spiritual battle could you possibly be fighting during this season of your life? How important is it to know that Paul sees Jesus Christ as the foundation to the Armor of God in regards to fighting your spiritual battle?"

Conclusion

Today, we learned that Paul used both Christ-centered Old Testament Prophecy and Roman imagery to describe the "Full Armor of God." Hopefully, we feel encouraged to fight spiritual battles with the knowledge that Christ is our champion.

¹ Creative Bible Teaching, 1998, Moody Press.