

# The Basic Rhythm Notes

**Quarter Notes & Rests: 1 beat per note/rest (each note/rest takes a quarter of the measure)**

**count:** 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

**Half Notes & Rests: 2 beats per note/rest (each note/rest takes a half of the measure)**

**count:** 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

**Whole Notes & Rests: 4 beats per note/rest (each note/rest takes a whole measure)**

**count:** 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4 1 2 3 4

**Eighth Notes & Rests: 1/2 beat per note/rest (each note/rest takes an eighth of the measure)**

**count:** 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 & 1 & 2 & 3 & 4 &

(say "&" to mark the half-way point between beats)

**Example of the basic rhythms, mixed together**

**count:** 1 2 3 4 1 2 3 4 1 & 2 3 4 1 2 3 & 4 &

(count "&" between every beat to help keep the spacing accurate, if needed.)

**count:** 1 2 3 & 4 1 2 3 & 4 1 2 & 3 4 1 2 3 4