



Cooking Lab Procedures



- 1) Safety First—Do not play with equipment or turn equipment on when not in use!
- 2) Wait for Ms. Strawn to introduce the lab. Listen and pay attention to all demonstrations.
- 3) Lab preparation—Wash hands, pull hair back from face, put on apron.
- 4) Do your assigned job, help others if needed, stay in your assigned kitchen, and speak quietly. Your grade will be affected if you do not follow these rules!
- 5) Wash dishes in hot, soapy water.
- 6) Put dirty dishcloths in the laundry basket.
- 7) Always clean up and have your kitchen unit checked before the end of the period. No late passes will be written. If it is not clean when you leave you will not participate in the next lab.
- 8) Leave your groups' stapled lab planning sheet and recipe on Ms. Strawn's desk at the end of each lab.

Please sign and date below: