

Name: _____ Period _____

October "I Can" Self-Checklist - Beginning Orchestra

I CAN: Term 1 Learning Goals	4	3	2	1
	Mastery - I can do it and it's easy!	Almost there: I understand, but need more practice	Emerging: I have some questions and I need help	I don't get it and I need immediate help
I can hold my bow with a proper bow hold.				
I can perform with a straight bow stroke.				
I can hold my instrument correctly. For violins/violas - I hold my instrument by placing it on my shoulder and I hold it straight. I keep my wrist out and a little mouse hold between my thumb and hand. For cellos - I hold my instrument by placing the back button on my chest and the left peg behind my left ear. I hold the instrument with my knees. For basses - I keep my left arm extended. I balance the bass on my hip and thigh.				
I can perform with correct left hand position by keeping my arm extended and my fingers curved and hovering over the tapes.				
I can find notes of the D scale on my instrument and perform those notes with perfect intonation.				
I can label a fingering chart with correct note names.				
I can understand the basics of music notation and terminology. I can define and recognize the staff and clef and can label the notes on the lines and spaces for my instrument.				
I can recognize, label, and perform the notes on the D string.				
I can read music.				
I can count whole notes, half notes, quarter notes, and eighth notes and can label them with the correct number of beats. I can correctly write the counting for rhythms using these notes.				
I can perform a D scale with a straight bow and accurate intonation.				
I can perform lines 32-55 in my String Explorer book without difficulty.				

Answer the following questions: (Use the back of this paper if you need more space.)

How many times per week do you practice?

How long do you practice?

Is there anything you are struggling with at this time?

What can I do to help you?

How do you feel about your playing?

What is your favorite piece to play?