

Name \_\_\_\_\_

Date \_\_\_\_\_

Class Period \_\_\_\_\_

“Seven Habits of Highly Effective People”

Video - by Stephen R. Covey

1. List the seven habits as they are discussed. Write a short definition of each.

Habit One –

Habit Two –

Habit Three –

Habit Four –

Habit Five –

Habit Six –

Habit Seven –

2. What is the name of the book Mr. Covey wrote?
3. Explain the difference between effective and efficient.  
Effective –  
Efficient –
4. What does TRUE NORTH of a person’s life mean?
5. What is the purpose of a personal mission statement?