

## 6th Grade Lesson Plans–Stark

Date	Day	Chapter/Lesson	Assignment	Activity	Topic
	1	First day	Assign seats	Review syllabus	
	2	12.2	Q's p. 336 #1-7	Demo some safety rules	Kitchen Safety
	3	12.3	#86 "Equipment S&F"	Motivator p. 337	Kitchen Tools & Equipment
	4			Video	"Kitchen Fundamentals"
	5	12.5	Q's p. 354 #1-7	Motivator p.350	The School Foods Lab
	6	13.4	#96"Recipe Review"		Measuring Ingredients
			#97 "Measuring Matters"		
	7		Measuring Math wksh.t.	Video	"Measuring Math"
	8	11.1	#76 "Food Group Search"		The Food Guide Pyramid
	9		Food pyramid Quiz	Food Pyramid Game	
	10	11.2		construct traffic light	Following Health Guidelines
	11	11.3	#78 "A Perfect Balance"	Fav. Snack on board	Snacking & Eating out
			#79 "Snack Sense"		
	12	11.4	Q's p.322 #1-6	motivator p.316/# 81 (all)	Exercise & Weight control
	13		Emeril's Pb&J		Cooking Demo
	14		Emerils Pb& J		Cooking Lab
	15		RKT/Smoothies		Cooking Demo
	16		RKT/Smoothies		Cooking Lab
	17		Empanadas		Cooking Demo
	18		Empanadas		Cooking Lab
	19-23	5 days	sew pillows	sew	Sewing Lab
	24	16.3			Shopping for Clothes
	25	16.4		laundry demo	Clothing Care (laundry)
	26			Video ***optional***	"Gone with the Wash"
	27	1.1	#1 "One of a kind"	acquired vs. inherited	The Unique You
	28		#2 "Who am I?"		
				Family Crest	
	29	1.2	#3 "About Adolescence"	Motivator p. 10	Understanding Yourself
			#4 "Is this Really Me?"		
	30	1.3	#6 "A Personal Dictionary"		Your Self Concept
	31	1 day		"I Am..." poem	
	32-33	2 days		trace silhouettes	
	34	1 day		Type poems & construct	
	35		boys vs girls	"Steal the Fish" game	use review p. 22 &23