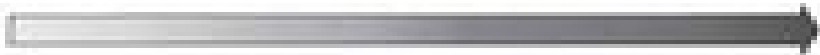


Selfishness Defined



	Selfish	Self Respecting	Self Disrespecting
My Needs and Wants			
My Limits and Boundaries			
My Possessions			
My Time			
Comforting and Soothing			
My Health			
Speaking Up			
Responding to Other's Needs			
Listening to Others			