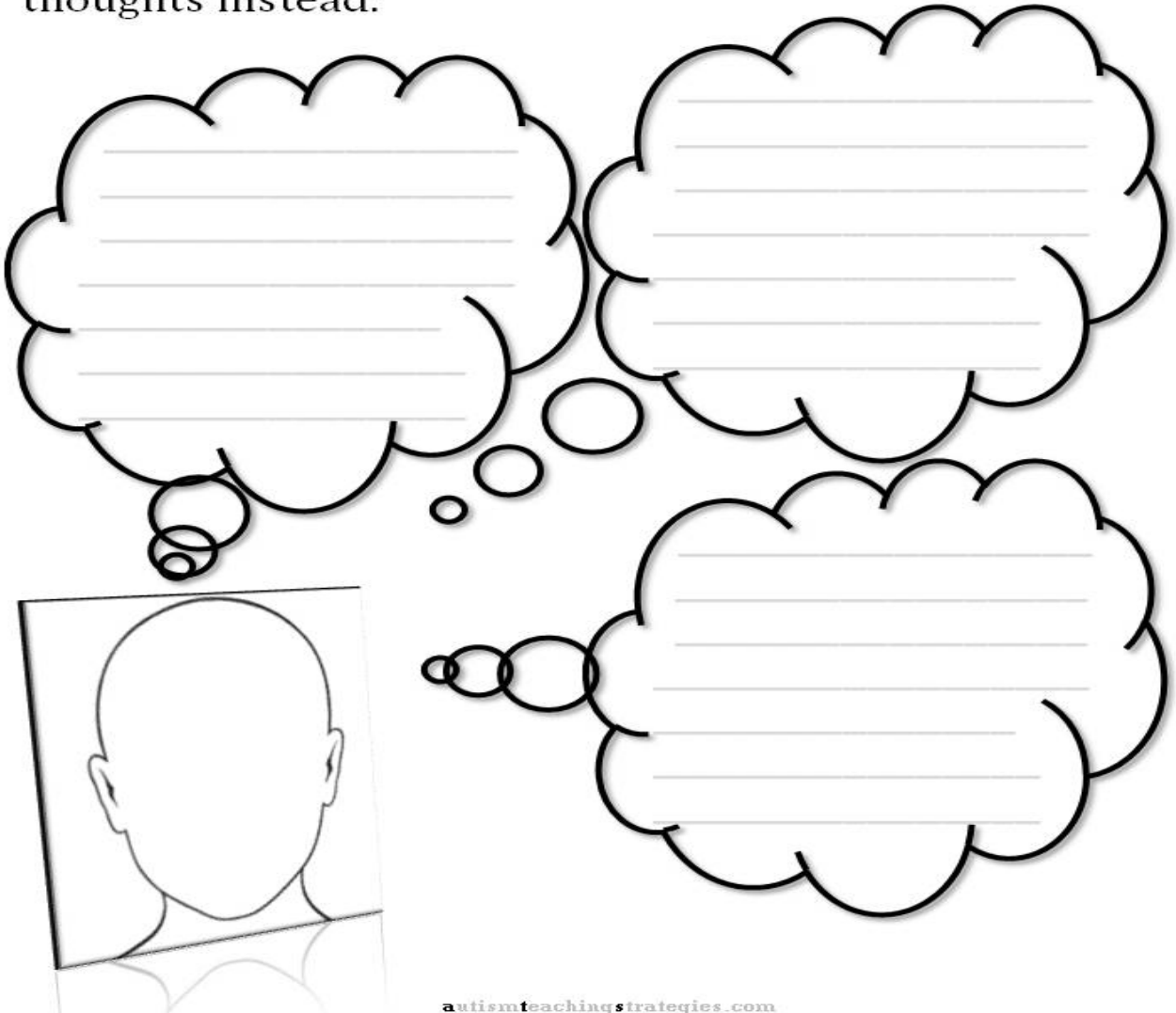


Name: _____

Dealing with my anger

6. To fight the angry thoughts, I could have tried these thoughts instead:



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