Their

Their is possessive, meaning it owns something.



In this case, *their* is referring to the neighbors who own a cow.

They're There

They're is a contraction for "they are."

They're gonna get a shovel to the face unless they get that cow under control.

No one eats my casserole.

In this case, they're means "they are."

There refers to a place or idea.

Use this form if you're unsure.



In this case, there is referring to a location.



It can also refer to something more abstract:

There are many reasons to discipline a cow. For starters, a cow who eats rancid casserole will later become a host for alien parasites.