

NON-VERBAL COMMUNICATION

Nonverbal communication is any kind of communication that occurs without words. It includes the following areas: facial expressions, gestures, personal space/distance, touch, eye contact, body language, and tone of voice. Learning to understand nonverbal communication is important because it helps us to guess what the people around us might be thinking or feeling. This helps us to feel more comfortable being around other people and it helps them feel more comfortable being around us.

What is non-verbal communication?

What are the seven types of non-verbal communication?

Why is it important to understand non-verbal communication?

Which type of non-verbal communication is the easiest for you to understand? Why?

Which type of non-verbal communication is the hardest for you to understand? Why?

Which type of non-verbal communication do you think sounds the most interesting?
