

GENESIS FORMULA RECIPES	Flowering Plants		Root Type Vegetables i.e. Carrots		Leafy Vegetables & Herbs		Non-Ammoniacal Tomatoes #1 Rookwool Blend			Ammoniacal Tomatoes #2 and Peppers			Orchids		Ammoniacal Fast Grow		Cucumbers and Squash		All Purpose House Plants Soil	
	GRO	BLO	A	B	A	B	A	B	C	A	B	C	GRO	BLO	A	B	A	B	A	B
Milliliters																				
MICRO-BASE	10	10	5	10	10	10	5	10	10	5	10	10	5	5	10	10	7.5	10	2.5	5
GROW #1	10				5	10	5	10	5				5	5			7.5	10	2.5	5
GROW #2										5	10	5			5	10				
BLOOM #3		10	5	10			5		5	5		5		5					2.5	5
PPM 5 Most Essential Elements																				
NITROGEN	147	106	53	106	94	147	107	147	127	121	177	142	74	107	108	177	110	147	53	107
PHOSPHOROUS	46	113	57	113	46	46	57	46	80	57	46	80	23	57	46	46	35	46	28	57
POTASSIUM	253	283	142	283	209	253	186	253	268	173	227	255	127	186	196	227	190	253	93	186
CALCIUM	100	63	32	63	50	100	82	100	82	70	77	70	50	82	39	77	75	100	41	82
MAGNESIUM	35	35	18	35	35	35	18	35	35	18	35	35	18	18	35	35	26	35	9	18
TOT. ESS. PPM	581	600	300	600	434	581	448	581	591	438	562	581	291	447	423	562	436	581	224	448
OTHER	1025	1000	500	1000	766	1019	752	1019	1009	764	1038	1019	509	753	777	1038	764	1019	376	752
TOTAL PPM	1600	1600	800	1600	1200	1600	1200	1600	1600	1200	1600	1600	800	1200	1200	1600	1200	1600	600	1200