

		<b>Embassy Request</b>	<b>Cost Share</b>	<b>Total</b>
<b>A. PERSONNEL</b>				
a) Primarily Headquarters-Based Personnel				
-H.Q.-based project -dedicated staff salary (X months)	X% of \$X/yr			
-H.Q.-based administrative staff salary (X months)	X% of \$X/yr			
b) Primarily Field-Based Personnel				
-Field-based Country Director salary (x months or year)	X% of \$X/yr			
-Field-based Program Assistant salary (x months or year)	X% of \$X/yr			
<b>Subtotal Personnel</b>				
<b>B. FRINGE BENEFITS</b>				
a) Primarily H.Q.-Based Fringe Benefits				
	fringe=X% salary			
-H.Q.-based project -dedicated staff fringe (X months)	X% fringe			
-H.Q.-based administrative staff fringe(X months)	X% fringe			
b) Primarily Field-Based Fringe Benefits				
	fringe=X% salary			
-Field-based Country Director fringe (x months or year)	X% fringe			
-Field-based Program Assistant fringe (x months or year)	X% fringe			
<b>Subtotal Fringe Benefits</b>				
<b>C. TRAVEL</b>				
a) Monitoring Travel				
-Monitoring Trip: H.Q. to field (X)	\$X/RT flight			
-Per diem (X days)	\$X/day			
b) Field Travel				
<u>Activity 1: Workshop</u>				
-Staff Travel (# staff)	\$X/RT flight/# staff			
-Staff Per Diem (X days)	\$X/day/# day/# staff			
-Participant Travel (# participants)	\$X/trip/# pax			