

**Head-to-Toe Assessment**

Assessment conducted by \_\_\_\_\_

Date: \_\_\_\_\_

Time: \_\_\_\_\_

**LOC**

- Alert  Drowsy  Lethargic  Stuporous  Coma

**Orientation**

- Person \_\_\_\_\_
- Place \_\_\_\_\_
- Time \_\_\_\_\_
- Situation \_\_\_\_\_

**Vitals**

- Temp \_\_\_\_\_  R \_\_\_\_\_
- BP \_\_\_\_\_ Pulse O<sub>2</sub> \_\_\_\_\_

**Head**

- Hair \_\_\_\_\_
- PERLA \_\_\_\_\_ mm
- Nose \_\_\_\_\_
- Ears \_\_\_\_\_
- Mouth \_\_\_\_\_
  - Midline tongue \_\_\_\_\_
  - Moist \_\_\_\_\_
  - Lesions \_\_\_\_\_
  - Dentition \_\_\_\_\_

**Neck**

- Carotid pulse \_\_\_\_  JVD +  Trachea midline

**Chest**

- Apical Pulse \_\_\_\_\_  Muffled  Arrhythmia
- Breath Sounds - Anterior \_\_\_\_\_  
Posterior \_\_\_\_\_ Lateral \_\_\_\_\_
- Chest Symmetry \_\_\_\_\_
- Skin Turgor (clavicle) \_\_\_\_\_

**Abdomen**

- Inspection \_\_\_\_\_
- Auscultation \_\_\_\_\_
  - LUQ (active / hyper / absent)
  - RUQ (active / hyper / absent)
  - LLQ (active / hyper / absent)
  - RLQ (active / hyper / absent)
- Palpation \_\_\_\_\_

**Upper Extremities**

- Radial pulses equal, +2
  - Other: \_\_\_\_\_
- Temp vs. trunk (warm / cool)
- Grip equal and strong \_\_\_\_\_
- Capillary refill <3 sec \_\_\_\_\_
- Vein filling rapid \_\_\_\_\_

**Lower Extremities**

- Hair present \_\_\_\_\_
- Edema \_\_\_\_\_
- Foot strength \_\_\_\_\_
- Homain's (+ / -) Claudication (+ / -)
- Temp vs. Trunk (warm / cool)
- Nails  Yellowed  Thickened  Ingrown

- Pedal pulse R(palp / doppler) L(palp / doppler)

**ROM**

- Upper R \_\_\_\_\_
- Upper L \_\_\_\_\_
- Lower R \_\_\_\_\_
- Lower L \_\_\_\_\_
- Sensation \_\_\_\_\_

**Strength**

- Upper R \_\_\_\_\_
- Upper L \_\_\_\_\_
- Lower R \_\_\_\_\_
- Lower L \_\_\_\_\_

**General Assessment**

- Weight/Height \_\_\_\_\_
- BM \_\_\_\_\_

**Pain Assessment**

- Acute/Chronic  Intensity (0-10) \_\_\_\_\_
- Location \_\_\_\_\_
- Duration \_\_\_\_\_
- Characteristics \_\_\_\_\_
- Precipitation \_\_\_\_\_
- Frequency \_\_\_\_\_
- Non-verbals \_\_\_\_\_
- Relief factors \_\_\_\_\_
- Sleep \_\_\_\_\_

**Skin Assessment**

- Description: \_\_\_\_\_

