

Habit 1 Worksheet

Instructions: Beginning on page 47, read about Habit 1 and answer the following questions.

1. What is Habit 1?

2. What does **proactive** mean?

3. List five personal examples of being **proactive**.
 - a.
 - b.
 - c.
 - d.
 - e.

4. What does **reactive** mean?

5. List five personal examples of being **reactive**.
 - a.
 - b.
 - c.
 - d.
 - e.