

### Celebrating Chuseok

Chuseok (추석) is the biggest and most important holiday in Korea. It is a time when family members from near and far come together to share food, tell stories, and give thanks to their ancestors for the good harvest. Chuseok traditions go back to ancient beliefs about the moon, the full moon only came once a month so it was thought to be a special and meaningful event.

On the morning of Chuseok Day, food is set out to give thanks to ancestors. Songpyeon is one of the famous foods of Chuseok. This rice cake is prepared with rice powder and is squeezed into the size of a golf ball, and then filled with sesame seed, beans, red beans, chestnuts, or other tasty ingredients.

Families visit their ancestors' graves and clear the weeds around the burial mounds. After dusk, families and friends take walks and look at the beauty of the full harvest moon, play games, and sing.

On Chuseok weekend, Korea's highways become extremely congested with traffic, it's one of the worst and most dangerous times to travel. So try to be careful on the road this Chuseok!

#### 1) Listening – Listen carefully and complete the blanks.

Chuseok (추석) is the \_\_\_\_\_ and most \_\_\_\_\_ holiday in Korea. It is a time when family members from \_\_\_\_\_ and \_\_\_\_\_ come together to share \_\_\_\_\_, tell \_\_\_\_\_, and give thanks to their \_\_\_\_\_ for the good harvest. Chuseok traditions go back to \_\_\_\_\_ beliefs about the \_\_\_\_\_, the full moon only came \_\_\_\_\_ a \_\_\_\_\_ so it was thought to be a special and meaningful \_\_\_\_\_.

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#### 2) Questions – Answer these questions with your partner.

1. What is the speaker talking about?
2. What is Chuseok? Where is it celebrated? When is it celebrated? Who celebrates it? Why?
3. What are some of the Chuseok traditions?
4. Why could Chuseok be a dangerous time?

#### 3) Discuss – Let's talk!

1. How does your family celebrate Chuseok? Where do you go? What do you do?
2. Do you wear tradition clothes on Chuseok? What does it look like? Where did you buy it?
3. Do you play games or sing songs on Chuseok? How do you play the games?
4. What are some fun things about Chuseok? What are some annoying things?
5. What is your favorite holiday? Why do you like it?