

### Suicide Assessment

- Has the client made a recent suicidal threat? Do they report suicidal ideation?
- Does the client have a specific plan for suicide?
- Access to firearms, pills, or other common means of suicide?
- Has the client made a previous suicide attempt?
- Family history of suicide?
- Does the client abuse substances?
  - If so, has substance use increased?
- Recent stressors? (Ex. financial difficulty, loss of relationship, illness)

Client-report: Depression				
1	2	3	4	5
Not at all depressed				Very depressed

Client-report: Hopelessness				
1	2	3	4	5
Optimistic				Hopeless

Client-report: Social Support				
1	2	3	4	5
High social support				No social support

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Clinical observation: Impulse Control				
1	2	3	4	5
Low impulsivity				High impulsivity

Clinical observation: Agitation / Anxiety				
1	2	3	4	5
Calm				Highly agitated / anxious

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