

TAKING RESPONSIBILITY

WRITING YOUR APPROACH TO LIFE AFTER A COURT-ORDERED DIVORCE
 (APPROPRIATE FOR BOTH MEN AND WOMEN)

DESCRIPTION	TRUE	FALSE
1. I CAN TAKE RESPONSIBILITY FOR MY OWN ACTIONS.		
2. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS AND REACTIONS.		
3. I CAN TAKE RESPONSIBILITY FOR MY OWN DECISIONS.		
4. I CAN TAKE RESPONSIBILITY FOR MY OWN BELIEFS.		
5. I CAN TAKE RESPONSIBILITY FOR MY OWN VALUES.		
6. I CAN TAKE RESPONSIBILITY FOR MY OWN ATTITUDES.		
7. I CAN TAKE RESPONSIBILITY FOR MY OWN BEHAVIOR.		
8. I CAN TAKE RESPONSIBILITY FOR MY OWN MISTAKES.		
9. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MYSELF.		
10. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT OTHERS.		
11. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY FUTURE.		
12. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY PAST.		
13. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY PRESENT.		
14. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY FUTURE.		
15. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY PAST.		
16. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY PRESENT.		
17. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY FUTURE.		
18. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY PAST.		
19. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY PRESENT.		
20. I CAN TAKE RESPONSIBILITY FOR MY OWN FEELINGS ABOUT MY FUTURE.		
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