

DRUG PREVENTION STARTS WITH YOU!

You can change your mind about:

- What song you want to sing.
- What clothes you want to wear.
- What you want to eat for lunch.



Don't **EVER** change your mind about saying **NO** to drugs, alcohol and cigarettes.

10 WAYS TO SAY NO TO DRUGS, ALCOHOL AND TOBACCO!

1. **NO!** DRUGS ARE YUCKY!!
2. **NO WAY!** IT'S AGAINST THE LAW.
3. **NO!** I PROMISED MY PARENTS I WOULD NEVER DO DRUGS.
4. **NO!** IT'S BAD FOR MY BODY.
5. **NO!** IT'S BAD FOR MY MIND.
6. **NO!** I DON'T TAKE RISKS WITH MY HEALTH.
7. **NO!** I DON'T NEED DRUGS TO HAVE A GOOD TIME.
8. **NO!** I'M GOING TO PLAY WITH MY FRIENDS.
9. **NO!** I NEED ALL MY BRAINPOWER.
10. **NO!** I HAVE TO LEAVE RIGHT NOW!

Can you think of other ways to say NO?