

AP PSYCHOLOGY  
WORKSHEET FOR PSYCHOLOGICAL DISORDERS

Use the following terms to answer the 25 questions. No term is used twice. Some terms may not be found in book; look online or in other books.

Generalized Anxiety Disorder	Panic Disorder	Borderline Personality Disorder
Obsessions	Hallucinations	Posttraumatic Stress Disorder
Major Depression	Panic Attack	Antisocial Personality Disorder
Disorganized	Social Phobia	Obsessive-Compulsive Disorder
Bipolar Disorder	Agoraphobia	Dissociative Identity Disorder
Compulsion	Paranoid	Seasonal Affective Disorder
Dissociative Experience	Phobia	Cyclothymic Disorder
Schizophrenia	Dysthymic Disorder	Delusions
Catatonic		

1. \_\_\_\_\_ is a disorder characterized by global, persistent, chronic, and excessive apprehension and free-floating anxiety (i.e. when one worry source is removed another takes its place).
2. \_\_\_\_\_ is a sudden episode of extreme anxiety that rapidly escalates in intensity characterized by these symptoms: pounding heart, rapid breathing, breathlessness, choking sensation, sweat, tremble, light headedness, chills, and hot flashes.
3. \_\_\_\_\_ is frequent and unexpected panic attacks.
4. \_\_\_\_\_ is an intense irrational fear that is triggered by a specific object or situation.
5. \_\_\_\_\_ fear of experiencing a panic attack in a public situation and being unable to escape or get help. (Different from just fear of being in public.)
6. \_\_\_\_\_ fear of being embarrassed, judged, or scrutinized by others in social situations. (eating, talking, using bathroom)
7. \_\_\_\_\_ is a disorder resulting from extreme physical or psychological trauma and is characterized by:
  - a. Frequent intrusive recalls of trauma
  - b. Avoidance of stimuli or situations that may trigger memories
  - c. General numbing of emotional responsiveness
  - d. Increased physical arousal associated with anxiety
8. \_\_\_\_\_ is a disorder characterized by far-fetched intrusive anxiety and distress producing thoughts and repetitive behaviors.
9. \_\_\_\_\_ are far-fetched intrusive anxiety and distress producing thoughts
10. \_\_\_\_\_ are repetitive behavior that an individual feels unable to resist and that if left undone, something bad will happen.
11. \_\_\_\_\_ is a disorder characterized by the following:
  - a. Feelings of sadness, hopelessness, helplessness, guilt, emptiness, or worthlessness.