

## Peer Pressure

Name: \_\_\_\_\_

Friends (or peers) can have a good or bad influence on you. A bad influence, for example, is that a friend at school may ask you to join in a game to be nasty to other friends just for fun. Another friend might try to make you post a nasty picture on Instagram or write nasty comments on Facebook. You may end up doing things you regret to impress your friends, although you know that it's wrong. These situations are all examples of negative peer pressure.

Peer pressure happens when people want to be loved and accepted by others. It is easier to be swayed to do things that you wouldn't normally do if you're in a crowd. Some people think that "if everyone else is doing it so why shouldn't I?" but this can make sensible people behave in strange ways.

**Answer the following:**

1. How would you define a good friend?

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2. What is your own understanding of peer pressure?

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3. Has anyone ever tried to put you under pressure to do things that you would not normally do? Elaborate.

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4. How did the above make you feel?

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5. Do your friends accept you if you have an opinion of your own? If no, elaborate.

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