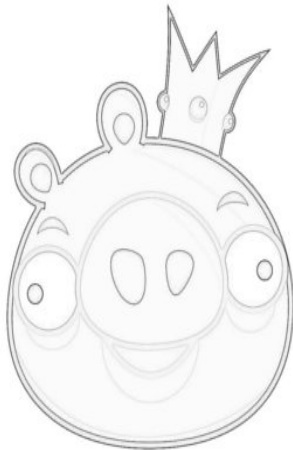


Everyone has anger triggers, or things that make them angry.



What makes me angry?

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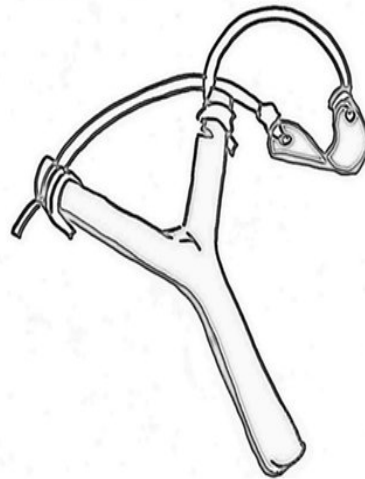
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When I am angry, I can point that energy in an appropriate direction.



Where can I redirect my anger?

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