

# Helping Verbs Foldable

**am**

Use **am** to talk  
about one.



**is**

Use **is** to talk  
about one.



**are**

Use **are** to talk  
about more  
than one.



**was**

Use **was** to talk  
about one.



**were**

Use **were** to talk  
about more  
than one.

