Estimated Cost of Living Worksheet			
This budget sheet was designed to help you plan for your exchange. It will have no bearing on whether or			
not you will be accepted into the exchange program.			
Financial Resources	Dollar Amounts	Estimated Expenses for months	Dollar Amounts
Personal savings available for exchange	\$	Tuition	\$
Parental or other contributions	\$	Flight	\$
Employment income (from now until departure date)	\$	Ground transportation (train to university upon arrival)	\$
List each scholarship or bursary below:		Accommodation (total for x months)	\$
a)	\$	Utilities (total for x months)	\$
b)	\$	Groceries (total for x months)	\$
c)	\$	Total phone costs for x months	\$
List each form of home government assistance: (OSAP, Canada Student Loans, etc.)below:		Books / supplies	\$
a)	\$	Health insurance (total for x months)	\$
b)	\$	Bus ticket (total for x months)	\$
c)	\$	Entertainment / Leisure	\$
List other sources of income (loans, investments) below:		Extras (budget \$50/month)	\$
a)	\$	List any others below:	
b)	\$	a)	\$
c)	\$	b)	\$
Total Resources	\$	Total Expenses	\$