

**CHILD ABUSE**  
Potential adverse long-term effects

<b>Relationship/ Sexual problems</b>	<b>Physical health issues</b>	<b>Behavioural problems/issues</b>	<b>Mental health issues</b>
<p>Attachment and bonding issues (with others/ own children)</p> <p>Fear of men/women</p> <p>Sexual anxiety/ dysfunction/ avoidance/ promiscuity</p> <p>Sexuality identity confusion</p> <p>Fear of intimacy Search for intimacy</p> <p>Issues with trust touch/authority figures</p> <p><b>Relationship with self</b> Poor self-concept Low self-esteem Dislike of body/ poor body image</p>	<p>Digestive problems</p> <p>Breathing problems (asthma), hyperventilation (rapid, shallow breathing)</p> <p>Chronic pain (headaches/backs/ shoulders/neck/ stomach/pelvis)</p> <p>Pregnancy problems</p> <p>Infertility problems</p> <p>Failure to attend regular dental treatment, eye examinations</p>	<p>Suicidal thoughts Attempted suicide Completed suicide</p> <p>Substance misuse (alcohol/drugs)</p> <p>Other addictions, i.e. smoking, gambling, shopping, etc.</p> <p>Self-injury</p> <p>Perfectionism</p> <p>Workaholicism</p> <p>Risky/compulsive sexual behaviour or avoidance of sexual intimacy, including health screening</p> <p>Establishing safe boundaries</p> <p>Revictimisation</p> <p>Criminal behaviour</p> <p>Over/under protective as parent</p> <p>Unresolved anger, leading to inappropriate confrontations</p> <p>Inability to stand up for self/becoming overwhelmed with the needs of others</p>	<p>Anxiety disorders (panic attacks/ social anxiety)</p> <p>Conduct disorders</p> <p>Stress</p> <p>Phobias (avoidance of dental/ gynaecological examinations)</p> <p>Depressive disorders</p> <p>Dissociative symptoms/disorders</p> <p>Eating disorders Obesity</p> <p>Mood disorders</p> <p>Personality disorders: Borderline Personality Disorder Antisocial Personality Disorder</p> <p>PTSD symptoms: Flashbacks Nightmares Intrusive memories Sleep disturbance Concentration problems Hypervigilance Exaggerated startle response Heightened emotional arousal Emotional numbness (feeling detached/ lack of emotions)</p>