

## Counseling Techniques

Techniques used in classroom, individual, and group counseling include:

- ❖ Role-playing
- ❖ Hands-on Activities
- ❖ Stories/Books
- ❖ Counseling Games
- ❖ Skill Building
- ❖ Goal Setting
- ❖ Student Contracts
- ❖ Worksheets
- ❖ Art Media
- ❖ Discussions
- ❖ Puppetry
- ❖ Videos, Music
- ❖ Journaling

Check out helpful materials from the Guidance Office, located in the school library. Stop by today! Or, visit our website, [classnotesonline.com](http://classnotesonline.com) and look for Mrs. Shepherd's name for helpful on-line resources.

## OTHER SERVICES OFFERED...

- \*Character Education-**  
*a program to teach, promote, and recognize good character traits among students. Bullying awareness and education is also addressed.*
- \*Child Abuse Prevention**
- \*Consultation/Collaboration with teachers**
- \*Parenting Skills -**  
*meetings/referrals available upon request, as well as education classes offered throughout the year.*
- \*School wide Ambassador Program -**  
*Students helping students and service projects throughout the year*
- \*School wide Environmental Helpers**  
*Student recycling program*
- \*Habits of Mind**  
*Students learn and use 16 intelligent behaviors that help them to solve problems.*
- \*Bully Prevention**
- \*Parent Resource Center**  
*Provides parents with books and other resources right in the Spring Run Library.*

## SPRING RUN ELEMENTARY SCHOOL



## School Counseling & Guidance Program 2007-2008

### SCHOOL COUNSELORS:

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