

AGR CAREER COUNSELING WORKSHEET

NAME: (LAST, FIRST, MI): _____

A. WHERE SOLDIER IS NOW: Current Grade: _____ DMOS: _____

Current Position: _____

Location: _____

PMOS: _____ SMOS: _____ AMOS: _____

PDP requirement for promotion: AC - _____

B. WHERE SOLDIER DESIRES TO BE BY THE END OF MILITARY CAREER:

Grade: _____ Position: _____

Location: _____ MRD: _____

C. POSSIBLE CAREER RESTRICTIONS:

- | | |
|---------------------------|---------------------------------------|
| _____ a. Age | _____ f. Availability of Position |
| _____ b. Health | _____ g. Mandatory Promotion Date |
| _____ c. Family Support | _____ h. Availability or Grade Needed |
| _____ d. PCS Requirements | _____ i. Selective Retention Boards |
| _____ e. Time in Grade | _____ j. Mandatory Removal Date |

D. WHAT THE SOLDIER NEEDS TO ACCOMPLISH IN ORDER TO REACH GOAL:

1. Which intermediate assignments should help soldier:

| POSITION | LOCATION | WHEN | HOW LONG |
|----------|----------|-------|----------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

2. What experience is needed:

| TYPE | LOCATION | WHEN | HOW LONG |
|-------|----------|-------|----------|
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |
| _____ | _____ | _____ | _____ |

3. What Military Education will be needed?