

Name \_\_\_\_\_  
Project: Success! Period \_\_\_\_\_  
Date: \_\_\_\_\_

### Habit 3 Worksheet

Instructions: Read Habit 3 of The 7 Habits of Highly Effective Teens and answer the following questions.

1. What is Habit 3?

Read page 106.

2. Define:

a. Will-power

b. Won't-power

3. According to page 107, define:  
Important

Urgent

Read page 107.

4. List the four types of people shown in the Time Quadrant:

a.

b.

c.

d.

Read page 108.

5. What does it mean to be a Procrastinator?