



GIVING UP GRUDGES
IN ORDER TO GET THE BEST OF A SITUATION
YOU MUST LET GO OF THE PAST AND MOVE ON

TRASH THE OLD CD AND BUY A NEW ONE
If you have a CD that is no longer playing, it is time to trash it. Buy a new one that will give you the energy and motivation you need to succeed.

GIVING YOURSELF THE POWER
It is important to give yourself the power to change your life. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny.

MAKE SOME IT
It is important to make some of your own decisions. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny.

HAVING THE POWER to DELETE
It is important to have the power to delete. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny.

Making Anger Work for You
Anger is a powerful emotion that can be used to your advantage. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny.

CONTRACT for CHANGE
This contract is designed to help you make a commitment to change. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny. You can do this by taking control of your own destiny.

