

	1	2	3	4	5
	None	Minimal	Basic	Adequate	Superior
Knowledge	No knowledge of: <ul style="list-style-type: none"> • symptoms that are unusual or could be a sign of mental illness • treatment needs/options • impact of illness symptoms on life • healthy coping skills that can reduce or manage symptoms 	Minimal knowledge of: <ul style="list-style-type: none"> • symptoms that are unusual or could be a sign of mental illness • treatment needs/options • impact of illness symptoms on life • healthy coping skills that can reduce or manage symptoms 	Basic knowledge of: <ul style="list-style-type: none"> • symptoms that are unusual or could be a sign of mental illness • treatment needs/options • impact of illness symptoms on life • healthy coping skills that can reduce or manage symptoms 	Adequate knowledge of: <ul style="list-style-type: none"> • symptoms that are unusual or could be a sign of mental illness • treatment needs/options • impact of illness symptoms on life • healthy coping skills that can reduce or manage symptoms 	Superior knowledge of: <ul style="list-style-type: none"> • symptoms that are unusual or could be a sign of mental illness • treatment needs/options • impact of illness symptoms on life • healthy coping skills that can reduce or manage symptoms
	Not Appropriate	Rarely Appropriate	Inconsistently Appropriate	Usually Appropriate	Consistently Appropriate
Behavior	Does not: <ul style="list-style-type: none"> • take medication • attend therapy • access mental health care Self diagnoses and/or self medicates mental health symptoms. Consistently engages in behavior that exacerbates symptoms	Rarely: <ul style="list-style-type: none"> • takes medication • attends therapy • accesses mental health care Usually engages in behavior that exacerbates symptoms/uses ineffective self-care	Inconsistently: <ul style="list-style-type: none"> • takes medication • attends therapy • accesses mental health care Inconsistently engages in behavior that exacerbates symptoms/ some positive self-care	Usually: <ul style="list-style-type: none"> • takes medication • attends therapy • accesses mental health care Usually engages in behavior/self care that stabilizes or improves symptoms	Consistently: <ul style="list-style-type: none"> • takes medication • attends therapy • accesses mental health care Maintains lifestyle to promote wellness
	Extreme S/S	Severe S/S	Moderate S/S	Minimal S/S	No S/S
Status	Extreme: <ul style="list-style-type: none"> • agitation • depression • psychosis • anxiety • suicidal thoughts with a suicide plan Unable to cope at all. Harmful to self or others. Needs hospitalization.	Severe: <ul style="list-style-type: none"> • agitation • depression • psychosis • anxiety • suicidal thoughts with no suicide plan Minimal coping ability. Severe impact on life Needs outpatient care	Moderate: <ul style="list-style-type: none"> • agitation • depression • anxiety Moderate coping skills Moderate impact on life	Minimal: <ul style="list-style-type: none"> • agitation • depression • anxiety Usually coping Minimal impact on life	Consistently coping with daily stressors. Positive social functioning. No impact on life