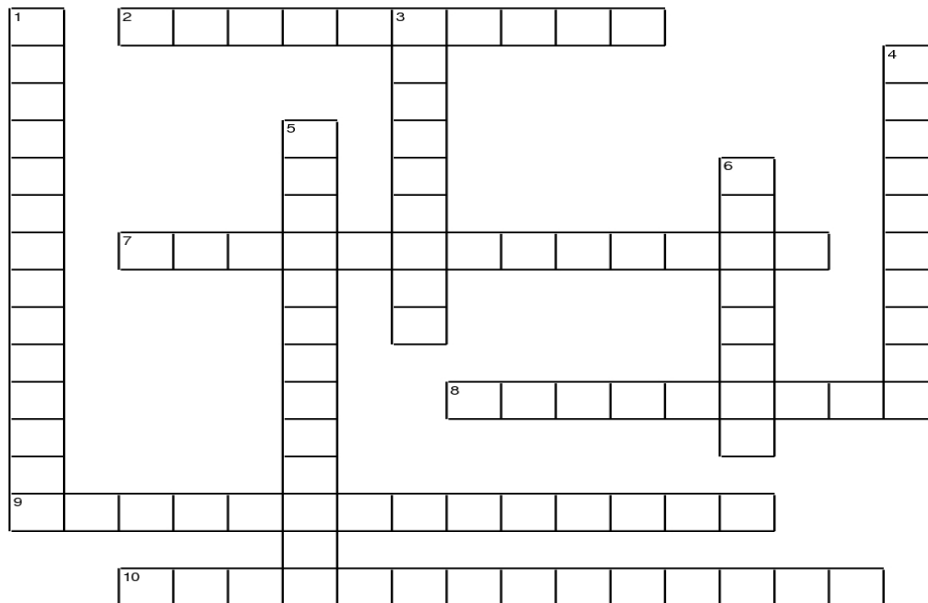


**NTRS 250 Human Nutrition**  
**Worksheet 14: Older Adult Nutrition Crossword Puzzle**



Across		Down	
2.	arthritis disease of the immune system involving painful inflammation of the joints and related structures	1.	a painful, chronic disease of the joints that occurs when the cushioning cartilage in a joint breaks down
7.	a person's perceived physical and mental well being	3.	inflammation of a joint usually accompanied by pain, swelling, and structural changes
8.	thickenings of the eye lenses that impair vision and can lead to blindness	4.	a degenerative disease of the brain involving memory loss and major structural changes in neuron networks
9.	the loss of brain function beyond the normal loss of physical adeptness and memory that occurs with aging	5.	a nutrition program that delivers food for the elderly to their homes
10.	damage to the skin and underlying tissues as a result of compression and poor circulation	6.	the maximum number of years of life attainable by a member of a species