

Health Unit

Name: _____

Date: _____

1. Which glands release a hormone when you face an emergency? _____
A. thyroid B. adrenal
 2. Which system allows the body to eliminate waste? _____
A. excretory B. respiratory
 3. What does your muscular system do? _____
A. It supports your body. B. It helps you digest food.
 4. The central nervous system is made up of the brain and the _____.
A. stomach B. spinal cord
 5. The tongue is a _____ organ.
A. respiratory B. sense
- Tissues that hold joints together are called? _____
- A. tendons B. ligaments
6. Muscles _____ to produce movement.
A. loosen B. contract
- What is the body's largest organ? _____
- A. head B. skin