

Grade Level: 8th Grade

Upper Merion Area School District
Curriculum Template

Course: Health

Unit: Drugs and Alcohol

Time frame for Completion: 12-15 Days

PDE Academic Standards	Resource Materials	Learning Objectives - What the students will know and be able to do upon completion of the unit.
10.1.9.D. Analyze prevention and intervention strategies in relation to adolescent and adult drug use. <ul style="list-style-type: none"> • decision-making/refusal skills • situation avoidance • goal setting • professional assistance (e.g., medical, counseling, support groups) • parent involvement 	Holt Health Text Book	Analyze prevention and intervention strategies in relation to drug use.
10.1.9.E. Analyze how personal choice, disease and genetics can impact health maintenance and disease prevention.	The Health Teacher's Book of Lists	Utilize decision making/refusal skills in a situation where your ride has been drinking.
10.2.9.A. Identify and describe health care products and services that impact adolescent health practices.	Health Promotion Wave: Drug Prevention Video: The Truth About Drinking	Utilize decision making/refusal skills in a situation where peers are offering you drugs and/or alcohol.
10.2.9.B. Analyze the relationship between health-related information and adolescent consumer choices. <ul style="list-style-type: none"> • tobacco products • weight control products 	Health Promotion Wave: Smoking and Chewing Interactive CD	Analyze the effects of drugs and alcohol on the body systems
10.2.9.C. Analyze media health and safety messages and describe their impact on personal health and safety.	Health Promotion Wave: Fun Facts: Drug Prevention CD	Analyze how drugs and alcohol can impact growth
10.2.9.D. Analyze and apply a decision-making process to adolescent health and safety issues.	Health Promotion Wave - Know the Score: The dangers of Performance Enhancing Drugs	Analyze how choosing NOT to use drugs and alcohol can impact health maintenance and disease prevention.
10.3.9.D. Analyze and apply a decision-making process to adolescent health and safety issues.	Wasted Youth DVD	Analyze how using drugs and alcohol can impact physical, mental, social and emotional health
10.1.9.B. Analyze the interdependence existing among the body systems.	Discovery Channel: Reality Matters- Deadly Highs	Devise a list of agencies, groups, professionals that can assist in drug and alcohol prevention and intervention
	Discovery Channel: Reality Matters- Smoke Signals	Interpret the media's health and safety messages, describe what they mean to you and how they impact you
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*****WORKING DRAFT*****