

Content Goal Worksheet

School: Whiteaker Team Name: PE Team Leader: Scott Coburn

Team Members: Carol Biamont, Scott Coburn, Matt Hein, Jenni Sherwood

School Vision: **Each and every child at Whiteaker has the capacity to learn.**

Goal: **Department**

Team SMART Goal	Strategies and Action Steps	Responsibility	Timeline	Evidence of Effectiveness
<p>Our Reality: 75% of our students in the 08-09 school year met 4 out of 6 of the fitness components on the Fitnessgram test.</p>	<p>Continue with a strong warm up with an emphasis on fitness components.</p> <p>We will create in our units activities that emphasize improvement in the fitness components.</p>	<p>The whole p.e. team.</p>	<p>Pre-Test will be given at the beginning of the semester.</p> <p>Post-Test will be given at the end of the semester.</p>	<p>We will analyze the data that is entered into the Fitnessgram program.</p> <p>This will help us determine if we have met our goal.</p>
<p>Our Goal: 80% of our students in the 09-10 school year met 4 out of 6 of the fitness components on the Fitnessgram test.</p>	<p>We will incorporate a cool down routine focused on the fitness components.</p>			