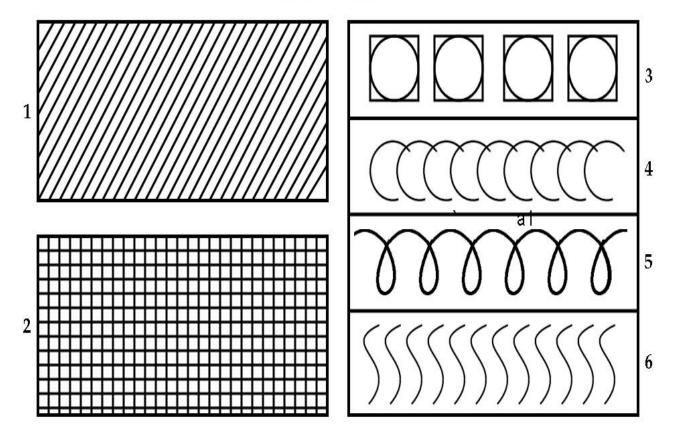
## Drawing Basics - Training the Hand

Practice sheet



1. Parallel lines – Continuous strokes made by moving not only the hand, but the entire arm. Start slow, then gradually increase in speed, taking care to keep the same distance between the lines. Also practice lines going the opposite direction.

2. Vertical and horizontal lines – Following the same concept as before, first draw a series of continuous horizontal lines, keeping the same distance between strokes, followed by a series of vertical lines (without turning your paper around), to form an area of cross-hatching as evenly spaced as possible.

Curves and loops – 3.Begin by drawing a row of boxes and trace a circle inside each one. Try to produce the circle using two swift lines – one on each side. 4. Follow by a series of half circles, taking care to maintain proportions with each stroke. 5. Then, using continuous, unbroken strokes, draw a series of uniform loops. When you have mastered this technique – 6. draw a series of the letter "S" by using loops and curves in a single stroke.