

WEEKLY BEHAVIOR INVENTORY

Using the six terms (see journal) on how well you performed each behavioral goal. Use the terms: **exceed** (to well past goal), **great** (I got what I set), **at the end of each week** (within the questions of the Behavior Inventory).

Date	exceed	great	at the end of	at the end of	at the end of	at the end of	at the end of
I was able to remain calm all day							
I was responsible to others all day today							
I managed my emotions well today							
I followed organizational rules all day							
I felt good, not at all stressed after school							
I was honest in all of my interactions today							
I completed my (homework) for the day							
I followed my behavioral plan this							
right at least at intervals of school today							
I was well today (emotionally)							
I was able to meet organizational goals							
I practiced good hygiene today							

NOTE:

Anastasia in A	Pax in C	Piper in B
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1. Which goal (or goals) did you do best with?

2. Which goal (or goals) did you struggle with the most?

3. How can you do better next week?