

Ingredient	Baker %	Flour %	Water %	Hydration	Weight	Cost
Soaker	176.75%	56.58%	38.19%	67.50%	633.6 g	\$0.44
Whole Wheat Flour	25.00%	100.00%	0.00%	-	89.6 g	\$0.14
Grains (Flour)	75.00%	100.00%	0.00%	-	268.9 g	\$0.00
Salt	1.75%	0.00%	0.00%	-	6.3 g	\$0.01
Milk	75.00%	0.00%	90.00%	-	268.9 g	\$0.30
Biga	175.40%	57.01%	42.76%	75.00%	629.7 g	\$0.57
Whole Wheat Flour	100.00%	100.00%	0.00%	-	359.0 g	\$0.55
Instant Dry Yeast	0.40%	0.00%	0.00%	-	1.4 g	\$0.02
Water	75.00%	0.00%	100.00%	-	269.3 g	\$0.00
Multi-grain Struan (Reinhart)	183.82%	54.40%	35.49%	65.24%	1483.2 g	\$2.31
Whole Wheat Flour	66.68%	100.00%	0.00%	-	538.0 g	\$0.83
Grains (Flour)	33.32%	100.00%	0.00%	-	268.9 g	\$0.00
Salt	1.76%	0.00%	0.00%	-	14.2 g	\$0.01
Milk	33.32%	0.00%	90.00%	-	268.9 g	\$0.30
Instant Dry Yeast	1.55%	0.00%	0.00%	-	12.5 g	\$0.15
Water	33.37%	0.00%	100.00%	-	269.3 g	\$0.00
Honey	11.08%	0.00%	17.00%	-	89.4 g	\$0.82
Butter, Melted	2.75%	0.00%	0.00%	-	22.1 g	\$0.19