

Stepping up the “Game” in Physical Education

Scrabblistic Unit — 3–8

Objective: Challenge students’ throwing accuracy and spelling skills through the fun-filled game of Scrabblistic. In Scrabblistic, students must score points in order to earn scrabble tiles, and in turn, stretch the student’s minds by providing multiple opportunities to spell and practice spelling words. The combination of spelling fundamentals, exercise, memorization, and teamwork forces players to strategize while constantly earning tiles in order to spell words and earn as many points as possible.

- ➔ 3-gallon buckets or pop up hampers (2)
- ➔ Trashcans, barrels, or storage bins (2)
- ➔ Basketball goals (2 if available; set between 8’ to 10’)
- ➔ Optional: consider making alphabet sets on index cards, printing and laminating sets of letters or utilizing pre-printed alphabet cards or teaching tools.

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